



Bolar Loop Trail

For More Information



Warm Springs District

422 Forestry Road
Hot Springs, VA
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(540)839-2521

The Bolar Loop Trail is a pleasant hike near Lake Moomaw. The loop trail can be run in either direction. To the left, a gravel path leads steeply uphill. After this initial uphill the hiking becomes easier. Once at the top, the trail runs along a ridgeline, and slowly winds down the hill. Certain points on the ridgeline offer views of Lake Moomaw below. Grouse Point Overlook offers a panoramic view of the lake above Campground 1. Three spurs connect the loop back to sites on the road.

Picnic Area Spur: 37°59'10.8"N, 079°58'28.4"W

DIRECTIONS

Take Route 39 West from Warm Springs for 11.4 miles. Make a left on Route 600 and follow for 7.8 miles to the recreation area. Make a right at the information kiosk and continue to the picnic area located by the beach. The Picnic Area Spur is located across the road from the parking area, through the wooden gate. Follow the road for a short distance to access the loop trail. This trail can also be accessed by the Campground Spur Trail and the Fee Booth Spur Trail. Bolar Loop Trail is 2.10 miles in length. The Picnic Area, Campground, and Fee Booth Spurs are 0.14, 0.19, and 0.65 miles respectively. The Bolar Loop Trail is rated at moderate difficulty. The fee booth collects a three-dollar payment for westbound travel. There are restroom facilities at all locations. The trail use is limited exclusively to foot traffic.

NEARBY FACILITIES

The area of the Lake Moomaw Trails System is packed full of recreation sites. Lake Moomaw is a hub of outdoor recreation, including fishing, boating, and swimming. Heading west on the campground road, there is a large covered picnic area, with restrooms and a large parking lot. Shortly after the picnic area, a swimming area is available. Opposite from Moomaw the Picnic Area Spur connects to the Bolar Loop Trail. This spur has the shortest distance to connect to the Loop Trail. East of the picnic area is a campground. Likewise, the Campground Spur connects to Bolar Loop. Continuing East on the campground road is the fee booth. The spur starting near the fee booth has the longest path to the Bolar Loop Trail, but also connects to the Sugar Hollow Trail.



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